

## MINIMUM MEDICAL STANDARDS FOR PONY CLUB®

### Why Are We Introducing Minimum Medical Standards?

The coronial inquest into equestrian rider fatalities in Australia made recommendations to make equestrian sport safer for riders, volunteers and spectators.

Our own internal incident reporting has shown over 1,550 incidents in 2021, with 92% of these being rider falls.

Pony Club aims to implement best practice in equestrian safety to ensure the ongoing health and wellbeing of participants, especially our young riders.

**From 1st July 2022**, the Minimum Medical Services for Pony Club Activities Framework is being introduced to set the standards of First Aid and Medical Attendance for Pony Club® activities. The framework shows the various mandatory and recommended levels required to provide an appropriate level of medical services for the Pony Club activity or competition. It was developed by the National Safety Committee, made up of PCA and elected representatives from each state, including a doctor, coaches and safety experts.

Adherence to the Minimum Medical Services for Pony Club Australia Activities Framework benefits riders and clubs and assists organisers to be well-prepared to manage Pony Club® events.

### Where Can I Get First Aid Training? some examples

- [HLTAID011 Provide First Aid Course | Australia Wide First Aid CPR](#)
- [First Aid Training | Most Affordable First Aid Courses First Aid](#)
- [Training Courses | St John NSW](#)
- [Search for First Aid Training + Your Region to find a local provider](#)

# MINIMUM MEDICAL STANDARDS FOR PONY CLUB® FRAMEWORK

## BASE LEVEL

**Applies to:** Rally, Muster, Clinic, Pony Club® Camp with less than 50 riders  
Competition - Mounted Games, Dressage, Show Riding, Gymkhana, Tetrathlon with less than 50 riders

	People	Equipment
<b>Mandatory</b>	1 X First Aid Officer or equivalent (doctor, nurse, paramedic)	1 x First Aid Kit human ( <a href="#">refer PCA list</a> ) 1 x First Aid Kit Horse ( <a href="#">refer PCA list</a> ) 1 x First Aid Point
<b>Recommended</b>	Veterinarian and local ambulance on call. Notify of event and estimated numbers	1 X Defibrillator

## BASE PLUS

**Applies to:** Rally, Muster, Clinic, Pony Club Camp with more than 50 riders  
Competition - Eventing under 60cm, Combined Training, Showjumping, Campdrafting with < 50 riders  
Competition - Mounted Games, Dressage, Show Riding, Gymkhana, Tetrathlon with 51-199 riders

	People	Equipment
<b>Mandatory</b>	2 X First Aid Officer or equivalent (doctor, nurse, paramedic)	2 x First Aid Kit human ( <a href="#">refer PCA list</a> ) 1 x First Aid Kit Horse ( <a href="#">refer PCA list</a> ) 2 x First Aid Points
<b>Recommended</b>	1 X Registered Paramedic or equivalent (Pre-Hospital Trauma Care Specialist doctor or nurse)  Veterinarian and local ambulance on call. Notify of event and estimated numbers	1 X Defibrillator

# MINIMUM MEDICAL STANDARDS FOR PONY CLUB® FRAMEWORK CONT'D

## INTERMEDIATE

**Applies to:** Competition - Eventing with classes over 60cm with less than 50 riders  
 Competition - Combined Training, Showjumping, Campdrafting with 51-149 riders  
 Competition - Mounted Games, Dressage, Show Riding, Gymkhana, Tetrathlon with over 200 riders

	People	Equipment
<b>Mandatory</b>	2 X First Aid Officers (Advanced First Aid or First Aid in Remote Situations or equivalent) 1 x Registered Paramedic or equivalent (Pre-Hospital Trauma Care Specialist doctor or nurse)	2 x First Aid Kit human ( <a href="#">refer PCA list</a> ) 1 x First Aid Kit Horse ( <a href="#">refer PCA list</a> ) 2 x First Aid Points
<b>Recommended</b>	Veterinarian and local ambulance on call. Notify of event and estimated numbers *Ambulance (transporting, see note)	1 X Defibrillator

## COMPREHENSIVE

**Applies to:** Competition - Eventing with classes over 60cm with 51-149 riders  
 Competition - Combined Training, Showjumping, Campdrafting with more than 150 riders

	People	Equipment
<b>Mandatory</b>	2 X First Aid Officers (Advanced First Aid or First Aid in Remote Situations or equivalent) 1 x Advanced Care Paramedic 1 X Veterinarian on call for high-risk activities Ambulance* on call, notified of event and estimated numbers	2 x First Aid Kit human ( <a href="#">refer PCA list</a> ) 2 x First Aid Kit Horse ( <a href="#">refer PCA list</a> ) 2 x First Aid Points  Cervical collar, pelvic binder, spinal board or stretcher, cricothyrotomy kit, chest drain, supplementary oxygen, splits (provided by paramedic)
<b>Recommended</b>	1 x Doctor Vet on site for high risk activities. eg cross country phase of eventing	1 X Defibrillator

\*Note: Ambulance must be the vehicle on site and licensed to transport a patient to hospital under emergency conditions on the day

## MINIMUM MEDICAL STANDARDS FOR PONY CLUB® FRAMEWORK CONT'D

### ADVANCED

**Applies to:** Eventing with classes over 90cm and over 150 riders

	People	Equipment
<b>Mandatory</b>	2 X First Aid Officer (Advanced First Aid or First Aid in Remote Situations or equivalent) 1 x Advanced Care Paramedic or equivalent 1 x Doctor with specialist trauma care training 1 x Ambulance 1 x Veterinarian and animal response vehicle at event during cross country	2 x First Aid Kit human ( <a href="#">refer PCA list</a> ) 2 x First Aid Kit Horse ( <a href="#">refer PCA list</a> ) 2 x First Aid Points 1 x Defibrillator  Cervical collar, pelvic binder, spinal board or stretcher, cricothyrotomy kit, chest drain, supplementary oxygen, splints

\*Note: Ambulance must be the vehicle on site and licensed to transport a patient to hospital under emergency conditions on the day

### First Aid Qualifications

#### Course

#### Course Code

First Aid Officer

HLTAID003/HLTAID011

First Aid Officer - Advanced Care

HLTAID006/ HLTAID014

First Aid Care - Remote Situations

HLTAID0113

## MINIMUM MEDICAL STANDARDS FOR PONY CLUB EXAMPLES

### Example Club Activities Requiring First Aid

Here is an example of club activities that could be held and the mandatory and recommended medical service requirements:

#### **Example 1:**

Club Combined Training – 70 riders entered

Events include dressage and showjumping over 60cm.

#### **Medical Services Required (INTERMEDIATE)**

Nominated first aid for event:

#### **2 x First Aid Officers**

Club member -Mrs Brown holds HLTAID006 certificate

Club member – Mr Green holds HLTAID006 certificate

**1 x Paramedic** – Hired paramedic with HLT51015 certificate

The committee has contacted the local ambulance service and local vet to ensure they are aware of the event and sent through details of the date and time of the event. They have also put vet details on the program and noticeboard.

#### **First aid kit human**

1 x in clubhouse signposted

1 x in central location on grounds where First Aid officer will be posted for the day

#### **First aid kit horse**

1 x in clubhouse signposted

#### **Defibrillator**

1 x in clubhouse signposted

#### **First aid points are listed in program**

1 x First Aid location in clubhouse

1 x First Aid point manned by First Aid Officer on grounds with location marked

### **Example Club Activities Requiring First Aid**

Here is a second example of club activities that could be held and the mandatory and recommended medical service requirements:

#### **Example 2:**

Zone Jamboree/ Gymkhana- 100 riders entered

Events at Jamboree/Gymkhana could include show riding, sporting events, dressage.

#### **Medical Services Required (Base Plus)**

Nominated First Aid for the event:

##### **2 x First Aid Officers**

Club member -Mrs Brown holds HLTAID011 certificate

Club member – Mr Green holds HLTAID006 certificate

The committee has contacted the local ambulance service and vet to ensure they are aware of the event and sent through details of the date and time of the event. They have also put vet details on the program and noticeboard.

#### **First Aid kit human**

1 x in clubhouse signposted

1 x in central location on grounds where First Aid Officers will be posted for the day

#### **First Aid kit horse**

1 x in clubhouse signposted

#### **Defibrillator**

1 x in clubhouse signposted

#### **First aid points are listed in program**

1 x First Aid point in clubhouse signposted

1 x First Aid point in central location on grounds signposted and manned with First Aid Officer.

**Check your First Aid Kit contents twice a year in June and December as well as after any use. Don't forget to record all incidents online at [ponyclubaustralia.com.au](http://ponyclubaustralia.com.au)**

## GOVERNMENT GRANT ASSISTANCE FOR STATES AND CLUBS

### Not sure how to get a defibrillator?

Whilst defibrillators are not compulsory for clubs to have, as Paramedics will also supply these, they are a great asset for your club, and many grants make them affordable.

St John NT Director Ambulance Services Andrew Thomas said that of the approximate 30,000 Australians who suffer a cardiac arrest out of hospital every year, tragically only 1 in 10 of these people survive.

**“Early defibrillation can more than double a victim’s chance of survival,”** he said.

“In fact, early defibrillation, along with CPR, is the only way to restore the person’s heart rhythm to normal in a lot of cases of cardiac arrest.

“For every minute that passes without CPR and defibrillation, however, the chances of survival decrease by 10%.”

Defibrillators are easy to operate.

An Automated External Defibrillator AED with paediatric pads is optimum.

### Grants and Programs Finder

This guided search will help you find grants, funding, and support programs from across government. If you can’t find what you’re looking for, most local councils have year-round grant and assistance programs. Check out your council’s website to find out what’s on offer.

#### **Link below:**

<https://business.gov.au/grants-and-programs>

Answer a few questions about your business to find grants and programs you may be eligible for. See the next page for further links to available grants.

## GOVERNMENT GRANT ASSISTANCE FOR STATES AND CLUBS

**Note:** Government grants may become available at any time within your State; the below information is accurate at March 2022. It is your responsibility to research what is the best option for your club. If there currently isn't a State government grant available, consider utilising the Australia Wide options below.



**Location:** Australia Wide

**Link:** <https://sportscommunity.com.au/grants/grants-open-grants/project-defib-defibrillator-subsidies/>

**Location:** Australia Wide

**Link:** <https://cia.communityenterprisefoundation.com.au/Program/Index/1>

**Location:** Western Australia

**Link:** <https://www.wa.gov.au/organisation/department-of-communities>

**Location:** Victoria

**Link:** <https://sport.vic.gov.au/grants-and-funding/our-grants/emergency-sporting-and-recreational-equipment>

**Location:** Queensland

**Link:** <https://www.grants.services.qld.gov.au/#/>

**Location:** Northern Territory

**Link:** <https://nt.gov.au/community/grants-and-volunteers/grants/community-benefit-fund-minor-community-grant/what-you-need-to-know-to-apply>

**Location:** Tasmania

**Link:** <https://www.business.tas.gov.au/funding>

**Location:** South Australia

**Link:** <https://dhs.sa.gov.au/services/grants-for-organisations/grants-sa>